



Training

RISK ASSESSMENT CLUB: Runcorn Linnets FC COVID-19 OFFICER: David Jones						
			LEAGUE: Northern Premier League Division One North West			
What are the hazards	Who might be harmed	Controls required	Additional Controls	Action by who?	Action by when?	Date complete
COVID-19 general	Players/Coaches/ Volunteers	<p>Anyone who meets one of the following criteria MUST NOT come onto site and should follow the Governments guidance on Self Isolation:</p> <ul style="list-style-type: none"> • Has a high temperature, loss / change in taste or smell or a new persistent cough? • Is a vulnerable person (by virtue of their age, underlying health condition, clinical condition. • Is living with someone in self-isolation or a vulnerable person. <p>All players and coaches will have their temperatures taken upon arrival.</p>				
Showing symptoms on site	Players/Coaches/ Volunteers	<p>Anyone on site displaying symptoms should:</p> <ul style="list-style-type: none"> • Return home immediately • Avoid touching anything • Cough or sneeze into a tissue and put it in a bin, or if they do not have tissues, cough and sneeze into the crook of their elbow. <p>They must then follow the guidance on self-isolation and not return to site until their period of self-isolation has been completed.</p> <p>Screening questionnaires will be sent to be completed before they will be allowed back on site.</p>				



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Travelling to and from site.	Players/Coaches/Volunteers	<p>Where possible all coaches/players should travel to site using their own transport.</p> <p>If coaches/players have no option but to share transport:</p> <ul style="list-style-type: none"> • Journeys should be shared with the same individuals and with the minimum number of people at any one time – these individuals should remain in the same training group throughout the session • Good ventilation (i.e. keeping the windows open) and facing away from each other may help to reduce the risk of transmission • The vehicle should be cleaned regularly using gloves and standard cleaning products, with particular emphasis on handles and other areas where passengers may touch surfaces <p>Coaches/players should arrive in the kit they will train in.</p>				
Players/Coaches/Volunteers/Visitors on site.	Players/Coaches/Volunteers/Visitors	<p>Coaches/players should enter the clubhouse through the main entrance, sanitise their hands and sign in. This information is required to support the NHS test and trace efforts</p>				



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<p>Cleaning of equipment</p> <p>Applying First Aid</p>	<p>Players/Coaches/ Volunteers/Visitors</p> <p>Players/Coaches/ Volunteers/Visitors</p>	<p>Before training, coaches/players should congregate in the larger main room of the clubhouse and NOT use the changing rooms. (Showers are not available after training)</p> <p>Coaches/players should bring their own water bottles and the sharing of bottles should be avoided.</p> <p>Social distancing should be adhered to whilst not actively training.</p> <p>Training equipment should be collected in by those who set it up and cleaned after each training session.</p> <p>Provide additional PPE for all first aiders, this should include face mask eye protection latex gloves and apron. Gloves apron and masks should be disposed of after use and eye protection cleaned.</p> <p>Limit access to first aid facilities to only trained first aid personnel and / or appointed person(s).</p> <p>First aiders must wash hands before and after using the first aid facilities or applying first aid.</p> <p>Consideration must also be given to potential delays in emergency services response, due to the current pressure on resources.</p>				



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Lack of awareness	Players/Coaches/ Volunteers/Visitors	<p>Consider preventing or rescheduling high-risk work or providing additional competent first aid or trauma resources.</p> <p>Where possible, the latest government campaign posters will be displayed.</p> <p>The COVID-19 Officer will keep up to date with the latest Government guidance and information.</p> <p>We will continually adopt and review new government / WHO guidance as and when it is available.</p>				